

Map 8 Sudbury, Framingham, Marlborough, Southborough, Ashland, Sherborn - BAY CIRCUIT TRAIL route

Sudbury proposed BCT: A proposal for connecting Wayland to Sudbury uses an abandoned RR that parallels Rte 20 and is part of the proposed Wayside Bike & Pedestrian Trail. It will access the right of way opposite the entrance to the Polaroid Plant on Rte 20 about 200 yards from its jct with Route 27 near the Wayland Town Hall complex. Proposed tr follows abandoned RR tracks to Horse Pond Rd in Sudbury, turns left for 0.5 mile to Rte 20. It turns right on Rte 20 (after crossing to the south side) for about 50 yds before reaching the driveway for Sudbury Conservation Commission's Weissblatt property.

From Wayland, trail users may continue on temporary trail marked with white blazes. Take Pelham Island Rd about 0.5 mile to end, turn right on Landham Rd about 0.3 mile to reach Rte 20 in Sudbury, and then turn left to follow Rte 20 west about 2.2 miles to junction with Horse Pond Rd. Continue about 30 yds past Horse Pond Rd, turn left into driveway of Weissblatt land (P=10)

From Weissblatt BCT is complete to Rte 30 in Southborough

Sudbury, Framingham, Marlborough:

trail markings: white rectangular blazes. Double offset blazes indicate a turn in the direction of the upper blaze

E 42°21'37" 71°26'28"

0.0 Trailhead is at the western edge of **Weissblatt Conservation Land**, and is marked with large wooden sign on Rte 20, "Town of Sudbury, Tipling Rock Trail, Conservation Land" (sign is visible only going eastbound). Parking for 8-10 cars is up dirt driveway on south side of Rte 20, about 50 yds west of jct with Horse Pond Rd. Follow the Salamander trail marks about 0.4 mi. to the junction with the BCT. Salamander trail makes a sharp turn to left and returns to parking lot.

0.4 Continue straight, entering the **Nobscot Boy Scout Reservation**, and turn right in about 20 yds. Bear right and follow tr along base of ledge

Turn left at T jct at ridge line.

Follow ridge and bear right at fork to Tippling Rock (426' elevation) with good views from north of Boston to the Blue Hills. Tippling Rock is the split rock at the south end of the ledge. Rumor has it that the rock could be tipped when whole and a farmer split it to prevent it from injuring his cattle.

Note on Nobscot Boy Scout Reservation: This 600 acre reservation is the property of the Knox Trails Council of BSA. The Bay Circuit Trail in this area can be accessed via the reservation trail system, which is open to the public and well marked. Fresh water and toilet facilities are located at reservation headquarters just off Nobscot Road. However, BCT hikers should refrain from using any of the parking facilities without prior arrangement with the ranger to avoid conflict with the scouting program.

BCT continues down the back side of the ledge, turns left at the jct with Tippling Rock Trail and turns right up ridge line in about 30 yds. (A steeper scramble goes south past Tippling Rock to the same ridge trail)

Follow the white blazed trail as it bears right at fork in about 50 yds, winds up some ledge, and past an abandoned cabin

Turn right at jct, down hill and left at next jct

BCT enters **Nobscot Conservation Land** at a stone wall

Continue west on BCT through old apple orchard and down hill to parking lot (P=10) on Brimstone Lane (Rte 20 is about 1 mile to right)

F 42°20'58" 71°27'19"

2.0 Cross Brimstone Lane; continue down hill to swampy area

About 50 yds after stream crossing turn left at T jct (trail right, about 400 yds round trip, goes to "Ford's Folly," a massive stone dam that never held water)

Continue up hill and enter Framingham **Wittenborg Woods**

Turn left at T jct about 20 yds beyond stone wall and follow stone walls around perimeter of Wittenborg Woods up the hill.

(Trail to left along stone wall goes back to Nobscot Hill with some bush whacking)

Bear right at fork just after first trail to right (houses on left)

Cross stone wall into SVT easement across private property and another stone wall to enter SVT's **Gross Tract**

Go down hill to tr jct.

Turn right, go down hill, and along stone wall. Turn left just before stone wall, cross Wayside Inn Rd, and enter SVT's **Henry's Hill** (P = 3)

G 42°20'18" 71°27'54"

3.4 Go uphill and take left trail entering woods. (No bikes permitted on this section of trail. Bicyclists should take a left at Wayside Rd and then a right onto Edmands Rd) Continue on trails up Henry's Hill and then down hill to Edmands Rd

3.7 Right on Edmands Rd. Pass Nixon Rd (P = 10) and Friends' Meeting House on right; cross Baiting Brook

Turn left into SVT's **Welch Tract** just past brook (P = 8 at Stearns Farm Community Supported Agriculture, limited during growing season).

Bear right at fork about 20 yds after stream crossing. Continue up hill along intermittent stream

Turn right on pipeline, (DCR parking on Edmands Rd 0.2 mil down pipeline, P=20) cross stream, turn left on crossing trail and then immediately right at fork

Continue up hill and enter **Callahan State Park** at stone wall

Turn right at T jct with Red Tail Trail

H 42°19'49" 71°28'50"

5.0 Cross Edmands Rd; go up steep and rocky Backpacker Trail on flank of Gibbs Mt.

Bear left at fork and straight at next fork

Turn right in about 100 yds, down hill, and turn left at T jct at bottom

Turn left on Pine Tree Trail along south side of Beebe Pond Cross dam at south end of pond

Join start of Bear Paw Trail at stone chimney and go up hill.

Turn left through stone wall and enter field. Follow tree line to left, left thru tree line and then right across middle of field

Enter woods and turn right at T jct and go down hill to abandoned Nourse St.

Turn left on Nourse St and right at tr crossing in about 200 yds

Continue on Bear Paw Trail for about 50 yds and then bear left at fork

Enter the **Sudbury Reservoir** at the stone wall. Trail winds thru woods and low lands to Parmenter St in Marlborough (P = 1)

K 42°19'59" 71°29'59"

7.0 Parmenter St. (Continue with route below)

Southborough:

K 42°19'59" 71°29'59"

0.0 Cross Parmenter St. Enter **Reservoir** land. Go up hill. Bear right at fork and go through hemlock and pine forests to logging rd along reservoir (Pine Hill Trail). (DCR parking lot 0.1 mi to right on Parmenter St, P=5)

Turn left; go 2.1 miles along logging rd, with reservoir on the right. Note: This is a water supply, so trail users must abide by posted regulations. All water uses are prohibited except for fishing at the northern end near Acre Bridge Rd in Marlboro. Smoking, horses, dogs, picnicking, alcohol, fires and motorized vehicles are prohibited. Violation of these rules may close the trail to everyone

L 42°18'40" 71°29'31"

2.4 Pine Hill Trail ends at gate at jct of Nichols Rd and Clemmons Rd (absolutely no parking here. Instead park in one of the small business parking lots on Rte 30, south of here). Bear right onto Clemmons Rd

2.7 Right on Pine Hill Rd (for the next mile the BCT zig-zags along Framingham, Southborough, and Ashland borders) Right onto Rte 30 (aka Pleasant St in Framingham and Boston Rd in Southborough) (*sidewalk along some of this residential then commercial stretch*)

M 42°18'2" 71°29'34" At present BCT is along roads between here and Ashland. A spur trail from point M thru part of **Staples** headquarters is described below. Eventually it may connect to Oak Hill Rd, but for now it dead-ends at end of Staples property.

Trail users may drive or walk with caution from Rte 30 to the beginning of the Ashland section:

Rte 30 to Willow St. At traffic light where Rte 30 goes right, go straight onto Willow for one block, under RR. Get on Rte 9 west-bound. If driving, immediately get into left lane. At first light, turn left onto Oak Hill Rd. Follow for about 0.6 mile to overpass over Rte 90 (Mass. Pike).

Continue at N below.

M 42°18'2" 71°29'34" **Staples spur trail** from Rte 30: Go west ½ mile on Rte 30, past entrance to reservoir's Fayville Dam. 100 yds after New York Ave, turn left and enter woods on the far-side of the asphalt parking lot, and follow abandoned Lamb Hill Rd to Rte. 9. Use rd bridge to cross over route 9 and enter office park on Crossing Blvd. (*Note: above route between Rte 30 and Lamb Hill Rd has a poison ivy problem that volunteers are trying to remedy. If you wish, use the following route to reach the Staples office park: At traffic light, turn left onto Firmin Ave, (aka Pleasant St Connector in Framingham) near the Rte 9/90 overpass. Go left on Firmin Ave, then right to cross Rte 9 via the overpass. Enter office park on Crossing Blvd*) Keep left and in about 100 yds turn right thru landscaping just before office bldg at 175 Crossing Blvd. Tr goes left down an embankment along retaining wall, then right across a small stream on stepping stones. Here begins the Staples Headquarters nature/exercise trail. Look for BCT markers. This short section follows the western bank of the stream thru woods until it reaches a major bridge (bridge crosses stream from existing Staples hq building in anticipation of future facility expansion). BCTproposed trail here will connect with Oak Hill Rd in Southborough.

Ashland: *Town Forest trail is blazed with white markers. Town Forest map available at town hall. Blazing along streets is difficult to maintain; hikers should rely on written directions*

N 42°17'7" 71°29'53"

0.0 Immediately after overpass, turn left at blinker onto Oregon Rd. Continue 0.7 mile, passing restaurant on left and fields on right, bear right at rd fork, to entrance to **Ashland Town Forest** on right (Some parking on shoulder of Oregon Rd) (*Note for those going South to North: From Oregon Rd turn right onto Oak St. It becomes Oak Hill Rd at the town line, just past Rte 90 overpass*)

P 42°17'4" 71°28'58"

0.9 Enter **Ashland Town Forest** on trail on right. Parking=3 on shoulder

Follow white blazes on the Turnberg Trail

R 42°16'17" 71°28'23"

3.0 Tr comes out onto Winter St (P=4) Go right (west) on Winter St

3.4 Enter woods on left onto private property and stay to right of hill

3.65 Enter DPW yard behind salt shed and stay to right of shed.

Follow the pavement through the "S" turn on Ponderosa Road. Before the gate take a hard left onto the Riverwalk (downstream). (*Note: When going south to north, take a hard right onto the pavement, go left of the two buildings, then stay behind the left building (salt shed)*)

Note: To reach proposed Ashland Commuter Rail Station, follow Ponderosa Rd west thru the gate and cross bridge on the left. Parking lot

Follow the **Riverwalk** downstream for 0.5 mile

4.3 The Riverwalk goes out to Sudbury Rd and Birch Lane on a three-foot wide easement between two houses at a man-hole cover in the lawn marked "drain". Stay close to trees

Right on Birch Lane at Sudbury Rd, right on Birch Hill Rd, right on Pine Hill Rd, and right into Mill Pond Park P=6

4.5 Cross Myrtle Street and continue downstream on the Riverwalk for 950 ft

S 42°15'36" 71°27'52"

4.7 Straight onto Concord Court; right onto Concord Street; right onto Front Street to traffic light.

(Parking across Front St at Montenegro Square. Restrooms across Main St at Police Station. Food in downtown area)

4.9 At traffic light go left (south) on Main St 100 yds (cross RR tracks); at traffic light go left onto Homer Ave for 0.4 mile to traffic light. Chinese restaurant and Dairy Queen nearby

5.4 Cross Route 135 onto Chestnut St

T 42°15'24" 71°27'15"

5.6 Enter **Wildwood Cemetery** on left. In the cemetery stay left all the way to the back corner, take the last right, go 40 yds.

Turn left into woods. Follow old cart path 0.2 mile (to get to historic **Devil's Den**, stay on old cart path to rock outcropping on right, 100 yds). Turn right up hill 100 yds to the cul-de-sac on Cadorette Rd (Note: Going south to north, enter the woods at fire hydrant at the end of Cadorette Rd)

6.2 (This mileage is a guess, based on cemetery estimate) Follow Cadorette Rd down hill to end

6.3 Left onto Grover Rd 0.6 mile to stop sign

6.7 Cross Cedar St onto Mulhall Dr; straight as possible over foot bridge and straight onto Wenzell Rd; straight as possible at end into woods; follow blazes to right, then left (or stay left to see Washakum Pond).

U 42°15'24" 71°25'35" Exit woods at the back of the parking lot at Market Basket Plaza (food and parking). Go straight out to road

7.3 Go right (south) on Rte 126. After five telephone poles go left through the break in the guardrail onto the 5' high dike. Stay on dike for 0.5 mile east across a swamp and beaver pond to the Sherborn town line (at a stone wall)

7.8 Sherborn town line

Sherborn: *BCT logos at trailheads; white rectangular blazes elsewhere. Double offset blazes indicate turn in the direction of the upper blaze*

0.0 At the end of the dike, go right and then left before dramatic "Elevator Rock" outcropping. Trail comes out of woods at Conrail train yard. CAUTION: active train yard

0.2 Just before the rail yard, turn right and walk south, along the western side of the tracks. Tracks end 25 ft before the Whitney St bridge. Reverse direction and walk north, along the eastern side of the tracks

(*South to North--when you reach the rail yard, walk south beside RR tracks. Reverse direction where tracks end, about 25 ft before Whitney St bridge. Walk north beside tracks toward rail yard again. Look for an 8' high ledge on the west side of tracks. Trailhead is next to the ledge and should be marked.*)

2.0 Trail enters the woods and wetlands to the right of the rail yard, makes a right then left jog under the power line, and continues to the **Barber Reservation**. At the first field, cut

diagonally across, and follow trail to the parking lot at jct of Western Ave and Stevens St

V 42°14'42" 71°24'25"

2.7 Cross Western Ave. Walk along Stevens St to jct; right on Harrington Ridge Rd; left on Oldfield Dr; left on Dexter Dr. Right onto trail onto a farm (private property) to cross over to **Brush Hill Reservation**, where tr enters a field in the early stages of reforestation. Head north and uphill to Brush Hill Rd. Cross rd to trail thru woods to Perry St

Map 8 Sudbury, Framingham, Marlborough, Southborough, Ashland, Sherborn - THE JEWELS

Nobscot Boy Scout Reservation (Knox Trail Council of Boy Scouts of America; 600 acres) - BCT traverses this hilly wooded property with permission of Council; access thru adjacent conservation land from Brimstone Ln and from Weisblatt land

Sudbury: maps of Conservation Commission properties available at Cons.Com office, Sudbury Library, Fairbanks Senior Center, and town clerk's office. Also on website

<http://home.comcast.net/~sudbury.concom/conserva.htm>

Nobscot Cons. land (Cons.Com; 118 acres) - woodlands, meadows, historic sites, and abandoned apple orchard. Parcel on west side of Brimstone Lane includes Henry Ford's famous dam, called "Ford's Folly" for its failure to hold water. Tr crosses top (between fences). South tr leads to Nobscot Hill summit. North tr leads to Tippling Rock, with great views along the way. Parking lot=10 on Brimstone Lane, 0.8 miles S of Rte 20

Nobscot Hill Parcel (Mass.DCR, supervised by Cochituate State Park; 124 acres) - South side of Nobscot Hill, highest point on BCT (602). Fire tower may be open for visitors if manned.

Weisblatt property (Cons.Com; about 40 acres) - Purchased by town in 1998 to protect the viewscape from Tippling Rock. Access off Rte 20 at 641 Boston Post Rd, 1/4 mile w of Star Market (near Horse Pond Rd). Parking=several

Lyons-Cutler Reservation (Sudbury Valley Trustees; 72.2 acres) - Landlocked by wetlands, rich bird and wildlife habitat. Access by trails over adjacent land. From Wright Rd, park in cul-de-sac and follow trail north thru water dept land. Or park on Raymond Rd, skirt earthen mound blocking vehicular access, follow mown path across town land

Framingham and Marlborough:

Callahan State Park (Massachusetts DCR; 800 acres) - Trails for hiking, skiing, horses, mountain bikes. Two parcels owned by Marlborough (20 acres) adjoin the state lands. Parking off Millwood St, Parmenter Rd, Broad Meadow Rd.

Map online www.mass.gov/dcr Click on "trails"

Framingham:

Gross Tract and Henry's Hill (Sudbury Valley Trustees; 57 acres) - trails thru woodlands and meadows, with views toward south. P=2 off Wayside Inn Rd at either end of Henry's Hill tr. SVT map.

Wittenborg Woods (Cons.Com; about 84 acres) - purchased by town in 1999 from Dr. Harriet Wittenborg, this woodland preserves a link to Sudbury Cons. Com lands and Nobscot Hill. Map online; link from SVT website

Welch Reservation, Stearns Farm, and Baiting Brook Woods (SVT; 114 acres) - Abuts Callahan S.P. Fields, woodlands, rolling hills; former carriage roads. Parking=4 at corner of Edmands Rd and Nixon Rd, or park at Callahan lot and take linked trails

Garden in the Woods (New England Wild Flower Society; 45 acres) - Pleasant trails meander past rock gardens, lilypond, bog, meadows, woodland groves of wildflowers, ferns, shrubs, trees. A living museum

map 8 dated Feb.2008

devoted to the conservation of temperate No. American plants with over 1500 varieties. Open daily except Mon, mid April to late October. Fee. Also guided tours, courses, special events, annual plant sale, gift shop. 508-877-6574

Marlborough/Southborough:

Sudbury Reservoir (Mass. DCR) - important watershed area protects drinking water source, so trail users must abide by posted regulations. All water uses are prohibited except for fishing at northern end near Acre Bridge Rd. Smoking, pets, picnicking, alcohol, fires, and motorized vehicles prohibited. **Pine Hill Trail** is a wide trail that follows eastern shore of reservoir thru woodlands for 2.1 miles.

Southborough: brochure with trail maps and info available from Southborough Open Land Foundation

Breakneck Hill Cons. Land (Cons.Com; 80 acres, 1/3 used for grazing cattle) - network of trails, meadow, orchard. Good birding. Views north from meadow at summit of hill. Parking=10 at sw corner, on Breakneck Hill Rd

Town Forest (Cons. Com) and **Turenne Wildlife Habitat** (SVT) (18 acres) East of Breakneck Hill - walking & snow-shoeing along woodland trails marked by large boulders, ledge outcroppings, vernal pools. Oak Hill offers good views from open meadow at NE corner. Turenne Wildlife Habitat within the forest is a low maintenance, "tennis court sized" area with bird feeders and many plants (labeled) that attract birds and are colorful all year, such as winterberry, inkberry, bayberry. 78 species of bird sighted. Brochure available. Parking at end of Walnut Dr and for 3 cars on Bay Path (old dirt rd) at tr entrance

Ashland:

Ashland Town Forest (Cons.Com; 524 acres) and **Cowassock Woods** (Sudbury Valley Trustees; 51 acres) - Color-coded trails; BCT follows white rectangles. Marked trail access is between #886 and #890 Salem End Rd in Framingham (P=4) and from Oregon Road and Winter St in Ashland (P=4). Town Forest was previously a hunt club for riding clubs of the Salem End Rd section of Framingham.

"Cowassock" means "the place of pines"; this was the spring and summer campground of the Magunkook Indians, documented by anecdote, artifacts, and deeds transferring property to the first Colonists. Strong evidence of prehistoric habitation as well.

Colonial history: the families of the Towne Children (Rebecca Nurse, Sara Claves, Mary Esty, & Edmund Towne) fled the Salem witch hunt and established the Salem End settlement of Framingham in 1693 (Salem End Rd follows original 17th century Indian trail). Legend has it that the now-collapsed caves south of the water tower were the first refuge for the families

Ashland State Park (Mass.DCR; 470 acres) - pond for swimming, boating, fishing. Picnic tables and restrooms. X-country skiing and walking trail around reservoir. Access from Union St 508-435-4303

Hopkinton State Park (Mass.DCR; 1414 acres) - pond for swimming, canoeing, fishing. Picnic tables and restrooms. Trail network for hiking, x-country skiing, equestrians. Access from Cedar St, Hopkinton 508-435-4303 Map online www.mass.gov/dcr Click on "trails"

Devil's Den (town) - recent town land purchase protects this his-toric cave about 100 yds from BCT. Locals thought this was a hideout during witchcraft hysteria, a stop on the underground railroad, or Indian grain storage. New research concludes it was a males-only hideout for men who wanted to play cards without wives finding out. Between E. Union St and Wildwood Cemetery

Ashland Millpond - Canoe launch dedicated 2006. cartop boat access site.

Sherborn:

Barber Reservation (Cons.Com; 189 acres) - Variety of landscapes and habitats; open meadows and easy paths fun for children. Equestrians. Parking on Western Ave behind rail fence

March. 2008

Brush Hill Trail (Cons.Com) - Seldom used trails because parking on adjacent narrow streets is difficult. However the sense of wildness it offers should appeal to those who walk to it

Map 8 Sudbury, Framingham, Marlborough, Southborough, Ashland, Sherborn - FOR MORE INFORMATION

Maps and trailguides:

- Relevant USGS **topo maps** are 7.5 x 15 Framingham, Marlborough, and Medfield
- **Callahan State Park** map available at DCR park headquarters, Rte 30 in Wayland east of Rte 90 overpass and online www.mass.gov/dcr Click on Trails
- **Hopkinson State Park** map online www.mass.gov/dcr Click on Trails
- **Sudbury Valley Trustees** sell individual maps of many of their properties. *Out & About in the SuAsCo watershed* large scale map of protected open space includes canoe info. \$5 for members (\$8 non-members). Order maps on website: www.sudburyvalleytrustees.org 978-443-5588
- *Concord, Sudbury, Assabet Rivers Canoe Guide* (2nd edition) by Ron McAdow, \$18 from SVT (see above)
- *Hiking the SuAsCo Watershed* (2004) by Jill Phelps Kern, available from SVT for \$16 (see above)
- **Sudbury Conservation Commission** has free maps of its properties with trails; cultural and natural history details on back. Available at Conservation Commission office, Sudbury library, Fairbanks Senior Center, and town clerk's office. Maps also on website www.sudbury.ma.us/services/conservation/custom/conservation.asp
- **Marlborough** open space map shows protected land but not trails. Cons.Com. is making some trail maps for various parcels. City hall, conservation office, 140 Main St. 508-460-3768
- **Southborough** Open Land Foundation offers a map showing trails thru several properties as well as on-road bicycling routes. Includes history and naturalist info. Free
- **Ashland Town Forest** map available at Town Hall
- **Ashland Open Space** website www.ashlandopenspace.org
- An excellent trailguide with detailed maps, *Sherborn Walks* is published by **Sherborn Forest and Trail Association**. It gives a detailed description of the BCT route from southeast to northwest, maps and descriptions of more than 20 properties, including natural and historic features to explore. Available at town hall and Broadmoor Wildlife Sanctuary for about \$10

Trail and land/water protection organizations:

Massachusetts Dept. of Conservation and Recreation - Manages Callahan State Park. Headquarters at Cochituate State Park in Wayland, off Rte 30 just east of Rte 90 overpass. 508-653-9641. Also manages Hopkinton and Ashland State Parks from headquarters in Hopkinton 508-435-4303. Many forest & park maps online www.mass.gov/dcr Click on Trails

Ashland Open Space Committee is working to secure permanent Bay Circuit route. Appointed committee. Excellent website www.ashlandopenspace.org

Framingham Conservation Commission 508-628-1302

Sherborn Rural Land Foundation, established in 1974, has acquired land and buildings of particular aesthetic, environmental, and historical significance

Sherborn Forest and Trail Association - Equestrians and hikers provide volunteer trail maintenance. New members welcome. PO Box 477, Sherborn MA 01770

Sherborn Open Space and Recreation Plan Implementation Committee - town appointed group that oversees Sherborn's section of BCT and other projects. Town Hall: 508-651-7850

Southborough Recreation Department is forming a hiking club. Call town hall for info. 508-485-0710

Southborough Open Land Foundation - citizens' group seeking to promote the wise use of land in town by acquiring property, preserving sensitive lands and creating wildlife habitats, educating the public about wise land use. New members welcome: \$25 individual, \$50 family POBox 345 Southborough 01772

Sudbury Conservation Commission, town office bldg in old center. 978-443-8891x371

Sudbury Valley Trustees has been protecting the natural resources of the Sudbury, Assabet, and Concord River Valleys since 1953. Bicycles are prohibited on SVT land. They publish trail maps of many of their properties (some for sale on their website). *Out & About in the SuAsCo watershed* is a large scale map of protected open space in the entire watershed, including canoe access information. \$5 (members); \$8 (non-members). Members receive newsletters, maps, outings and events listings. Membership starts at \$40. 18 Wohlbach Rd Sudbury 01776. 978-443-5588 www.sudburyvalleytrustees.org

New England Wild Flower Society owns and manages Garden in the Woods, Framingham. Society promotes the conservation of temperate North American plants thru horticulture, education, research, habitat preservation, and advocacy. 508-877-7630

Knox Trail Council of Boy Scouts of America have been good stewards of 600 acre camp near Nobscot Hill since 1928. They allow the public to use BCT route thru camp. 508-872-6551

Mass. Dept of Conservation and Recreation manages Sudbury Reservoir. This water source must be protected; public use of trails contingent on users obeying posted regulations

SWAMP (Sudbury River Watershed Monitoring and Protection) oversees water quality from Fruit St bridge (Westborough) to Chattanooga Mill site (Ashland). Meets 2nd Tues, 7:30 at Southborough Community House, jct Rtes 85 and 30. No membership fee; new members welcome. Contact RideNApp@aol.com

Framingham Advocates for the Sudbury River - volunteers organize 2 annual canoe trips (public welcome), seek to increase public awareness about river protection and recreational use. New members welcome. POBox 3045, Framingham 01701

SuAsCo Watershed Community Council - collaboration of businesses, towns, environmental groups, and state, federal and regional govt in the Sudbury-Assabet-Concord River Watershed. Seek to protect natural resources, restore water quality and flow, coordinate land use and water resource planning, encourage stewardship, and channel financial and technical assistance. Task forces welcome volunteers. Suite 200, 118 Great Rd, Stow 01775 www.SuAsCo.org

Members of the Boston chapter and Worcester chapter of the **Appalachian Mountain Club** lead guided walks in this area frequently, open to the public. Check "Events" column of local newspapers or join AMC to receive a monthly magazine, listing walks and events in New England, NY, NJ, and PA. 5 Joy St, Boston MA 02108 617-523-0655 x 303 www.outdoors.org

Charles River Wheelmen - very active group of bicyclists that lead rides of varying lengths throughout Bay Circuit area. Excellent website: rides, other info, membership. www.crw.org

Bay Circuit Alliance, 3 Railroad St, Andover 978-470-1982 Headquarters in the Moor and Mountain store, 3 Railroad St., Andover, across from the old railroad station. baycircuit@juno.com www.baycircuit.org