

# SUBSTANCE USE DISORDER RESOURCES

## SUPPORT FOR INDIVIDUALS WHO NEED HELP NOW

### **Massachusetts Substance Use Helpline**

(800) 327-5050

Weekdays 8am-10pm

Weekends 8am-6pm

<http://helpline-online.com/>

*The Helpline is the only statewide, public resource for finding licensed and approved substance use treatment and recovery services. Services are free and confidential and provide caring non-judgmental support to anyone who needs help. Trained Helpline Specialists will help you understand the treatment system and your options.*

## DETOXIFICATION SERVICES

*Designed to be short-term, approximately 3 - 7 days, detox facilities provide medical supervision to minimize physical withdrawal symptoms while keeping the individual safe as drugs or alcohol leave the system*

### **Spectrum Health Systems, Inc.**

(800) 366-7732

154-155 Oak Street

Westborough, MA

<http://www.spectrumhealthsystems.org/>

### **Community Health Link**

(508) 860-1000

12 Queen Street

Worcester, MA

<http://www.communityhealthlink.org/chl/>

### **Emerson Hospital**

#### **Addiction Services**

(978) 287-3520

133 Old Road to Nine Acre

Concord, MA

[www.emersonhospital.org](http://www.emersonhospital.org)

### **McLean Hospital**

(617) 855-3141

115 Mill Street

Belmont, MA

<https://www.mcleanhospital.org/>

### **AdCare Hospital**

(800) 345-3552

107 Lincoln Street  
Worcester, MA

**Veteran's Center for Addiction Treatment**

(781) 687-2275

200 Springs Road

Bedford, MA

<https://www.drug-rehab-headquarters.com/massachusetts/facility/veterans-center-for-addiction-trt-bedford/>

**RESIDENTIAL TREATMENT**

*Residential Treatment Programs under 30 days, Clinical Stabilization (CSS) or Transitional Support Services (TSS) provide short-term acute treatment for individuals who require intensive care and support due to their alcohol and/or other drug use.*

**Spectrum Residential Program**

(508) 898-1570

154 Oak Street

Westborough, MA

<http://www.spectrumhealthsystems.org/>

**Passages (Community Healthlink)**

(508) 860-1142

12 Queen Street

Worcester, MA

[www.communityhealthlink.org](http://www.communityhealthlink.org)

**Women's Renewal**

(617) 442-8800

*\*Women only*

Boston, MA

**High Point**

(800) 734-3444

30 Meadowbrook Road

Brockton, MA

<http://www.hptc.org/>

**The Hope Center**

(413) 301-9500

35 Heywood Street

Springfield, MA

*\*Men only*

<https://bhninc.org/addiction/clinical-stabilization-services/>

## MEDICATION-ASSISTED TREATMENT

*Medication-assisted treatment (MAT is the use of medications with counseling and behavioral therapies to treat opioid use disorder and prevent opioid overdose.*

For a full list of MAT treatment providers in Massachusetts, click [here](#)

### **Spectrum Outpatient Services**

\*Methadone Treatment

68 Franklin Street

Framingham, MA

(508) 875-5801

Same-Day Opioid Treatment Walk-In

Fridays 6am

<http://www.spectrumhealthsystems.org/>

### **New Horizons Medical, P.C.**

\*Suboxone & Vivitrol Treatment

(508) 872-0700

214 Howard Street

Framingham, MA

<http://www.newhorizonsmedical.org/>

### **Faster Paths to Treatment (BMC Yawkey Center)**

\*Suboxone & Vivitrol Treatment

(617) 414-4580

850 Harrison Ave, 1<sup>st</sup> floor

Boston, MA

<https://www.bmc.org/programs/faster-paths-to-treatment>

## OUTPATIENT TREATMENT

*Outpatient services can include a variety of services, including individual and group counseling, case management, and recovery supports. Morning and evening hours allow for outpatient clients to work, job-search, attend to family commitments*

### **Advocates Community Counseling**

(508) 661-2020

354 Waverly Street, 2<sup>nd</sup> Floor

Framingham, MA

<https://www.advocates.org/services/counseling-psychiatry>

### **SMOC Behavioral Healthcare**

(508) 879-2250

298 Howard Street, Suite 100

Framingham, MA

<http://www.smoc.org/addiction-services.php>

**Genesis Counseling Services Inc .**

(508) 620-2992

24 Union Avenue, Suite 11

Framingham, MA 01702

<http://www.genescounselingservices.org/>

**SOBER LIVING**

*Sober Home is a broad term describing a sober, safe and healthy living environment that promotes recovery from alcohol and other drug use and associated problems. They are sober living environments, meaning that residents are expected to abstain from alcohol and illegal drug use.*

For a full listing of certified sober living options in Massachusetts, please visit

<https://mashsoberhousing.org/certified-residences/>

**ACCESS TO NALOXONE (NARCAN)**

*Naloxone – also known by the brand name Narcan – is a safe medication approved by the Food and Drug Administration (FDA) to prevent overdose by opioids such as heroin, morphine, and oxycodone. It blocks opioid receptor sites, reversing the toxic effects of the overdose. Naloxone is administered when a patient is showing signs of opioid overdose.*

You can get Naloxone at the following places:

**Framingham Health Department**

Framingham Health Department

31 Flagg Drive, Door 14

Framingham, MA

(508) 532-5470

Free training and Naloxone distribution for community members or businesses. Funded by the MetroWest Health Foundation.

**Edward M. Kennedy Community Health Center**

Learn to Cope Meetings

Wednesdays at 7pm

354 Waverly Street, Framingham

3<sup>rd</sup> floor conference room C

State-Funded Pilot Site; free training and Naloxone distribution for individuals with a history of opioid misuse and their families. Funded by the MA Department of Public Health.

**Justice Resource Institute Program Rise**

Opioid Overdose Prevention Program

(508) 935-2960

1 Grant Street, Suite 100

Framingham, MA

M, T, TH, F 8am-4pm

Wed 8am-6:45pm

<https://jri.org/services/health-and-housing/health/rise>

State-Funded Pilot Site; free training and Naloxone distribution for individuals with a history of opioid misuse and their families. Funded by the MA Department of Public Health.

**Walgreens Pharmacy**

653 Worcester Rd. / (508) 620-1608

15 School St. / (508) 788-0604

624 Waverly St. / (508) 935-2201

Available for purchase at pharmacies with or without insurance

**CVS Pharmacy**

1280 Worcester Rd. / (508) 872-1432

492 Concord St. / (508) 820-9218

776 Water St. / (508) 877-2600

400 Cochituate Rd. / (508) 628-9004

Available for purchase at pharmacies with or without insurance

For a full list of State-Funded Naloxone Pilot Sites, visit:

[https://www.mass.gov/files/documents/2017/12/06/OEND%20Information%20Sheet\\_English.pdf](https://www.mass.gov/files/documents/2017/12/06/OEND%20Information%20Sheet_English.pdf)

For a full list of all Massachusetts pharmacies that carry Naloxone, visit:

<https://www.mass.gov/news/dispensing-of-naloxone-by-standing-order>

**SAFE DISPOSAL**

**Medication and Syringe Disposal:**

Framingham Police Station

1 William Welch Way

Framingham, MA 01702

**Syringe Disposal:**

Framingham Health Department

31 Flagg Drive

Door 13 (behind the Fuller Middle School)

Framingham, MA 01702

**SELF HELP / SUPPORT GROUPS**

**Narcotics Anonymous**

866-624-3578

[www.na.org](http://www.na.org)

To find a meeting: <https://www.na.org/meetingsearch/>

*Alcoholics Anonymous*

617-426-9444

[www.aaboston.org](http://www.aaboston.org)

For a list of meetings: <http://www.aaboston.org/1-2012.htm>

**FOR MORE INFORMATION PLEASE CONTACT:  
Kelly Joseph, Framingham Health Department  
(508)532-5470 / [kej@framinghamma.gov](mailto:kej@framinghamma.gov)**