

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Pinochle 9 Bocce, Dudley Rd. Bocce Court, weather permitting 9:30 Strength Training/Cardio \$3 10-11:30 Sports Fanatics 10-4 Mary Make Do 11 Skip-Bo 12 Tentative: Conversation & Humor</p> <p style="text-align: right;">2</p>	<p>CENTER OPEN UNTIL 7:30 8:30-7 Table Tennis 8:45 Contract Bridge 9 Golf at Southborough Golf Club, \$18 9-7 Fitness Room \$2 9-7 Computer Room 9 Pinochle 9:30 Aerobics, Free 11-4 Mah Jongg 12 Duplicate Bridge 12:30 Chair Volleyball 1-2 ZOOM: Parkinson's Support Group</p> <p style="text-align: right;">3</p> <p>5-7 Pool Tables CANCELED: ZUMBA</p>	<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9:30-12:30 Blood Pressure Clinic 9:30 Strength Training/Cardio \$3 11 Mindful Living & Meditation \$3</p> <p style="text-align: right;">4</p>	<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Cribbage 10-2 Mah Jongg 10-12 Ask-the-Experts 10:30-12:30 Grupo Latinoamericano 11-12:30 Discussion Group 1 Book Discussion group</p> <p style="text-align: right;">5</p> <p>CANCELED: ZUMBA</p>	<p>CENTER CLOSURES AT 1:30 8:30-1 Pool Tables Open 8:30-1 Table Tennis 9-1 Fitness Room \$2 9-1 Computer Room 9-1 Open Sew 9 Poker 9:30 Strength Training/Cardio \$3 10:30 ZOOM: Stretch with Anthony - Free 11:15 Chair Yoga with Rebecca \$3 11 Skip-Bo</p> <p style="text-align: right;">6</p>
<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Pinochle 9 Bocce, Dudley Rd. Bocce Court, weather permitting 9:30 Strength Training/Cardio \$3 10-11:30 Sports Fanatics 10-4 Mary Make Do 11 Skip-Bo 12 Duplicate Bridge 12 Tentative: Conversation & Humor 12-3 Scrabble 12:30 Tai Chi with Jon Woodward \$4 1-4 Genealogy Group</p> <p style="text-align: right;">9</p>	<p>CENTER OPEN UNTIL 7:30 8:30-7 Table Tennis 8:45 Contract Bridge 9 Golf at Southborough Golf Club, \$18 9-7 Fitness Room \$2 9-7 Computer Room 9 Pinochle 9:30 Aerobics, Free 10-11:30 ZOOM: Grandparent Support Group 11-4 Mah Jongg 11 Zumba \$3 12 Duplicate Bridge 12:30 Chair Volleyball 1 Bereavement Support Group 5-7 Pool Tables</p> <p style="text-align: right;">10</p> <p>6 Prohibition and the Rise of Jazz, Presented by Peter Gerler Mass Cultural Council</p>	<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9:30-12:30 Blood Pressure Clinic 9:30 Strength Training/Cardio \$3 11 Mindful Living & Meditation \$3 3:30 Travel Discussion Group (Zoom/In Person-TBD)</p> <p style="text-align: right;">11</p>	<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Cribbage 10-2 Mah Jongg 10-12 Ask-the-Experts 10:30-12:30 Grupo Latinoamericano 11 Zumba \$3 11-12:30 Discussion Group 1:30 Wales: Castles, Butterflies & More, Presented by Joy Marzolf</p> <p style="text-align: right;">12</p>	<p>CENTER CLOSURES AT 1:30 8:30-1 Pool Tables Open 8:30-1 Table Tennis 9-1 Fitness Room \$2 9-1 Computer Room 9-1 Open Sew 9 Poker 9:30 Strength Training/Cardio \$3 11 Skip-Bo</p> <p style="text-align: right;">13</p> <p>CANCELED: CHAIR YOGA</p>
<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Pinochle 9 Bocce, Dudley Rd. Bocce Court, weather permitting 9:30 Strength Training/Cardio \$3 10-11:30 Sports Fanatics 10-4 Mary Make Do 11 Skip-Bo 12 Duplicate Bridge 12 Tentative: Conversation & Humor 12-3 Scrabble 12:30 Tai Chi with Jon Woodward \$4 1-4 Genealogy Group</p> <p style="text-align: right;">16</p>	<p>CENTER OPEN UNTIL 7:30 8:30-7 Table Tennis 8:45 Contract Bridge 9 Golf at Southborough Golf Club, \$18 9-7 Fitness Room \$2 9-7 Computer Room 9 Pinochle 9:30 Aerobics, Free 11 Zumba \$3 11-4 Mah Jongg 12 Duplicate Bridge 12:30 Chair Volleyball 1-2:30 Parkinson's Support Group 5-7 Pool Tables 6 Hollywood Legends: Audrey Hepburn, Presented by Frank Mandosa Mass Cultural Council</p> <p style="text-align: right;">17</p>	<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9:30-12:30 Blood Pressure Clinic 9:30 Strength Training/Cardio \$3 11 Mindful Living & Meditation \$3 11-12:30 Low Vision Support Group</p> <p style="text-align: right;">18</p> <p>FRIENDS DINE AROUND IMPERIAL CHINA 413 Worcester Rd./Rte. 9W Framingham 508-872-3939</p>	<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Cribbage 10-2 Mah Jongg 10-12 Ask-the-Experts 10:30-12:30 Grupo Latinoamericano 11 Zumba \$3 11-12:30 Discussion Group 1:30 The Cold War-Part 2, Presented by Rick Tulipano Mass Cultural Council</p> <p style="text-align: right;">19</p> <p>CANCELED: ZUMBA</p>	<p>CENTER CLOSURES AT 1:30 8:30-1 Pool Tables Open 8:30-1 Table Tennis 9-1 Fitness Room \$2 9-1 Computer Room 9-1 Open Sew 9 Poker 9:30 Strength Training/Cardio \$3 11 Skip-Bo 11:15 Chair Yoga with Rebecca \$3</p> <p style="text-align: right;">20</p>
<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Pinochle 9 Bocce, Dudley Rd. Bocce Court, weather permitting 9:30 Strength Training/Cardio \$3 10-11:30 Sports Fanatics 10-4 Mary Make Do 11 Skip-Bo 12 Duplicate Bridge 12 Tentative: Conversation & Humor 12-3 Scrabble 12:30 Tai Chi with Jon Woodward \$4 1-4 Genealogy Group</p> <p style="text-align: right;">23</p>	<p>CENTER OPEN UNTIL 7:30 8:30-7 Table Tennis 8:45 Contract Bridge 9 Golf at Southborough Golf Club, \$18 9-7 Fitness Room \$2 9-7 Computer Room 9 Pinochle 9:30 Aerobics, Free 11 Zumba \$3 11-4 Mah Jongg 12 Duplicate Bridge 12-1:30 Grandparent Support Group 12:30 Chair Volleyball 1 Bereavement Support Group 5-7 Pool Tables</p> <p style="text-align: right;">24</p> <p>6 Gems of the Piano- 20th & 21st Centuries, Presented by Sivan Etedgee Mass Cultural Council</p>	<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9:30-12:30 Blood Pressure Clinic 9:30 Strength Training/Cardio \$3 11 Mindful Living & Meditation \$3</p> <p style="text-align: right;">25</p>	<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Cribbage 10-2 Mah Jongg 10-12 Ask-the-Experts 10:30-12:30 Grupo Latinoamericano 11 Zumba \$3 11-12:30 Discussion Group 1:30 The Ins & Outs of Recycling, Presented by Stephen Sarnosky 2-3 Caregiver Support Group</p> <p style="text-align: right;">26</p>	<p>CENTER CLOSURES AT 1:30 8:30-1 Pool Tables Open 8:30-1 Table Tennis 9-1 Fitness Room \$2 9-1 Computer Room 9-1 Open Sew 9 Poker 9:30 Strength Training/Cardio \$3 10:30-12 Callahan Knitters 11 Skip-Bo 11:15 Chair Yoga with Rebecca \$3</p> <p style="text-align: right;">27</p>
<p>8:30-4 Pool Tables Open 8:30-4 Table Tennis 9-4 Fitness Room \$2 9-4 Computer Room 9 Pinochle 9 Bocce, Dudley Rd. Bocce Court, weather permitting 9:30 Strength Training/Cardio \$3 10-11:30 Sports Fanatics 10-4 Mary Make Do 11 Skip-Bo 12 Duplicate Bridge 12 Tentative: Conversation & Humor 12-3 Scrabble 1-4 Genealogy Group</p> <p style="text-align: right;">30</p> <p>CANCELED: TAI CHI</p>	<p>CENTER OPEN UNTIL 7:30 8:30-7 Table Tennis 8:45 Contract Bridge 9 Pinochle 9 Golf at Southborough Golf Club, \$18 9-7 Fitness Room \$2 9-7 Computer Room 9:30 Aerobics, Free 11 Zumba \$3 11-4 Mah Jongg 12 Duplicate Bridge 12:30 Chair Volleyball 1 Bereavement Support Group 1 Red Hat Honey Bees \$2 5-7 Pool Tables</p> <p style="text-align: right;">31</p> <p>6 ZOOM: Great American Writers-Sylvia Plath, Presented by Dr. Larry Lowenthal Mass Cultural Council</p>	 <p style="font-size: 2em; font-family: cursive;">August</p>		