

CALLAHAN CENTER LEARNING & CULTURAL PROGRAMS

Please call the front desk to register: 508-532-5980, ext. 0 Programs are in person, unless otherwise noted as virtual.

These programs are supported in part by the Friends of Callahan and in part from a grant from the Framingham Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.



CREATIVE SMARTPHONE PHOTOGRAPHY

Tuesday, October 7, 6 PM • Register by 10/6

Presented by Lynne Damianos

What makes a great photograph? Learn to make better composition decisions in camera regarding subject placement, pattern and line. We will examine tools such as the rule of thirds, framing and camera angle to improve your photographic vision. Please bring your fully charged smartphone with you.



THE FATE OF EMPIRE: BRITISH DEBATE ON THE AMERICAN REVOLUTION

Tuesday, October 21, 6 PM • Register by 10/20

Presented by Paulo DiGregorio

The American Revolution was more complex than a simple fight for liberty. In

Britain, leaders like Lord Fox and Lord Rockingham supported greater freedom for the colonies, while others pushed to preserve King George III's empire. This talk explores British debates over American independence.

HORROR MOVIES

Tuesday, October 28, 4:30 PM

Register by 10/27

Presented by Frank Mandosa

Why do we enjoy movies that scare us? Explore the history of horror films, with a special focus on Universal Studios classics from the 1930s-40s. Behind-the-scenes stories, early cinematic frights, and film clips will get you in the Halloween spirit!



"CURTAIN UP" WITH 2 TIME TONY AWARD WINNING BROADWAY PRODUCER, CANDY GOLD!

Tuesday, October 7, 2PM. • Register by 10/6

From writer and director to critic and producer, Candy Gold has done it all in the world of theatre. With a lifelong passion for the arts, she brings a wealth of behind-the-scenes stories and insights from her journey to producing some of Broadway's biggest hits.



FRAUD PREVENTION AND AWARENESS: PRESENTED BY THE FRAMINGHAM POLICE

Thursday, October 9, 2 PM • Register by 10/8

This presentation will cover the most recent types of frauds/scams that have been reported. These include: Phishing, Tech-Support, Identity Theft, Cryptocurrency and much more. Attendees will learn key warning signs and ways to prevent themselves from becoming a potential victim of financial fraud.



Callahan Center Community Conversations

HIGHLAND WOODS PROJECT CONCERT

Thursday, October 23, 2 PM • Register by 10/22

Enjoy an afternoon of music with The Highland Woods Project, an acoustic trio of former Bose employees Ed Aucoin, Paul Fidlin, and Kris Swanson. With rich harmonies and classics from Crosby, Stills & Nash, Simon & Garfunkel, John Denver, and more, this sing-along show is sure to delight. Presented with gratitude to the Forget family for their generous memorial donation.



PUMPKIN PAINTING WITH CASA DE RAMANA

Thursday, October 30, 2 PM • Register by 10/27

Casa de Ramana will be returning to the Callahan Center this fall with a delightful craft activity—pumpkin painting! This is a wonderful opportunity to get creative while socializing with friends and fellow crafters. Plus, enjoy light refreshments while you craft!



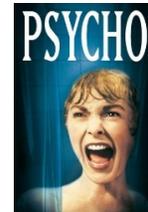
MONDAY MOVIES MATINEES

Popcorn & Candy provided by the Friends of Callahan!

Waitress: The Musical (2023)

Monday, October 6, 2 PM • Register by 10/3

Sara Bareilles stars in this uplifting Broadway musical about a small-town waitress navigating love, an unexpected pregnancy, and self-discovery—with a side of baking. A warm, funny story about friendship, strength, and finding your own recipe for happiness..



Psycho (1960, R)

Monday, October 27, 2 PM • Register by 10/24

Alfred Hitchcock's Psycho follows a young woman at a roadside motel and its mysterious owner, Norman Bates. A chilling classic with unforgettable performances and one of cinema's most famous twists.

TRAIN YOUR BRAIN DAY

Just like your body, your brain needs exercise to stay strong and healthy! Train Your Brain Day, celebrated on October 13, is the perfect reminder to challenge your mind in fun and creative ways. Try a puzzle, play a memory game, learn something new or join one of our Callahan programs that keeps your brain active. Keeping your mind engaged can boost memory, sharpen focus and improve overall well-being, plus, it's fun!

TRAIN YOUR BRAIN: RESOURCE GIVEAWAY!

Tuesday, October 14, 9 AM-Noon & Thursday, October 23, 1-4 PM

In honor of Train Your Brain Day, we'll be holding two giveaways in October. Thanks to Mayor Charlie Sisitsky and a grant from the American Alzheimer's Association, the City of Framingham will provide free products and resources to help keep your brain sharp. Everyone is welcome to take part and bring home something useful! For more information, please contact Callahan Center Social Worker Lisa Ushkurnis at lau@framinghamma.gov or 508-532-5980 ext. 4108.

SENATOR SPILKA'S 55+ HEALTH & WELLNESS FAIR

Saturday, October 18, 9 AM- 1 PM • Keefe Tech, Framingham

Senate President Spilka's Annual 55+ Health and Wellness Fair will offer resources, workshops and activities focused on all aspects of wellness. Attendees will have access to more than 60 exhibitors with information on a range of topics including mental health, healthy cooking, fraud and scam protection, demystifying Medicare, and other timely topics. Workshops and health offerings will include fun and interactive fitness and music activities, free health screenings, flu shots and more. The program will include live music, free prize drawings and free breakfast and lunch. To guarantee a space for lunch and workshops at this free event, please register online at karenspilka.com/fair2025 For questions, call the Senate President's office at 617-722-1500.