

2020 Team Framingham Boston Marathon Runner Application Guiding Principles

- The random selection application period will open on **Monday September 23, 2019** and run through **Friday October 25, 2019**.
- Random selection applications must be **received** no later than **4:00 PM** on **Friday, October 25, 2019**.
- Submission can be made via e-mail to TeamFraminghamMarathon@gmail.com or via drop off or US mail to Jennique Horrigan, Marathon Bibs, Mayor's Office, Memorial Building, 150 Concord St. Framingham MA 01702.
- The random selection will be held on **Tuesday, November 12, 2019** in the evening and will be open to the public.
- Random selection applications must be completed in full to be included. Applications not completed in full will be returned to the applicant.
- The applicant must be the person who will be running the Boston Marathon.
- The applicant/runner must meet one or more of the following three criteria:
 - Resident of the City of Framingham. Framingham State University students residing in on- or off-campus housing are not considered residents of Framingham for the purpose of determining residency unless their permanent residence is Framingham. Residency verification criteria can be found below.
 - Year-round or school year employee of the City of Framingham or the Framingham Public Schools, Keefe Technical School, or the Christa McAuliffe Charter School. Employment verification criteria can be found below.
 - Former Framingham employees who **retired** from service to Framingham within the last 10 years, with a minimum of 5 years of service, are eligible to submit applications.
 - Residency and/or employment status will be verified **before** the random selection is held. Applicants not meeting the residency or employment criteria **will not** be included in the random selection. You will be informed if there is an issue with your application during the verification process.
- The runner must be 18 years or older on April 20, 2020, the date of the 2020 Boston Marathon. This is a BAA requirement.
- **The runner is responsible for the "invitational fee" paid to the Boston Athletic Association (BAA) as part of the application process. This is a BAA requirement. The BAA application fee for the 2020 Boston Marathon is \$370. Once the invitational entry is submitted to the BAA the fee is non-refundable and the entry is non-transferrable.**
- The runner is responsible for all other costs associated with participation.
- The runner must sign the waiver/disclaimer releasing the City of Framingham from any liability prior to the BAA application being distributed. The waiver/disclaimer can be found below. Please submit a signed copy of the waiver with your application. You may sign it electronically.
- Runners selected by random selection will commit to a fundraising goal of **\$4,000** in support of one of the designated charities, non-profits or programs.
- The runner is responsible for the minimum fundraising obligation of **\$2,000** for a designated organization. Runners who do not attain this minimum by May 31, 2020 will not be eligible for future random selections. The list of charitable organizations for which fundraising will be done will be announced following the charity selection process.
- To ensure consistency all runners will use a common fundraising platform determined by the Team Framingham Steering Committee. Crowdrise has been the platform of choice for the Team Framingham program.

- Applicants who failed to meet the minimum fundraising obligation in previous years as a Team Framingham runner will have their application returned and it will not be included in the random selection.
- Random selection participants are encouraged to begin a running program prior to the actual selection of the team so that they will have a good “base” for the rigorous training necessary to be fully prepared for the 2020 Boston Marathon. Please note the training recommendation below.
- Training for and running in a marathon is a physically challenging and demanding undertaking. It is strongly recommended that applicants meet with their primary care physician before engaging in this program, particularly those individuals who have not run before or those who have not engaged in long distance running previously.

Residency Verification: Residency will be verified by the City Clerk’s Office utilizing multiple sources (i.e. voter registrations, census information, etc.). In the event that residency cannot be confirmed in this manner, applicants will be required to obtain a Proof of Residency letter from the Clerk. This may require that documents confirming residency be submitted and verified by the Clerk. The deadline to obtain this letter and submit it to the Mayor’s Office will be 3 p.m. on **Friday November 1, 2019**. There is a small fee associated with obtaining a Proof of Residency Letter from the Clerk, which is the applicant’s responsibility.

Employment Verification: The Human Resources Departments of the City of Framingham, the Framingham Public Schools, Keefe Technical School or the Christa McAuliffe Charter School will be asked to verify year-round or school year employment. You must be employed by one of these four entities on **October 1, 2019** to be considered an “employee” for verification purposes.

Team Framingham 2020 Training Recommendations

The Team Framingham Steering Committee will be organizing up to ten team training runs during the course of the five months following the random selection and prior to the 2020 Boston Marathon.

The first team training run will be Saturday November 23, 2019 and cover six miles along the Boston Marathon course.

We recommend that prospective team runners start a running program by November 1, if you are not already running on a regular basis, so that you are prepared to run six miles on November 23rd.

If you are not already running on a regular basis, we recommend the following single “long” run distance each week to prepare, in addition to other shorter runs during these weeks:

- November 1 to 8 – 2 miles
- November 9 to 15 – 3.5 miles
- November 16 to 20 – 5 miles

**2020 Team Framingham Boston Marathon
Runner Application - Required Personal Information**

Please print clearly and respond to each item.

Applicant/Runner Name:

Applicant/Runner Date of Birth:

Address of Residence:

Department (if City of Framingham):

Job Title (if City of Framingham):

E-mail Address:

Phone Number:

Team Shirt Information for those Selected to Join the Team:

Shirt Preference (Male/Female cut and style):

Shirt Size (XS to XXL):

I have read and understand the guiding principles provided with this application form (please sign).

Signature: _____

**2020 Team Framingham Boston Marathon
Runner Application - Fundraising Experience**

The primary goal of the Team Framingham program is to maximize the amount of funds we raise for each of our designated charities. ***While previous fundraising experience is not required for acceptance into the Team Framingham lottery, it is important for applicants to enter the lottery with full understanding of the fundraising expectations.*** Our fundraising goal for each runner is \$4,000, with a minimum requirement of \$2,000.

Have you done charitable fundraising before?:

How many times have you done charitable fundraising?:

For each of your fundraising efforts, how much did you raise?:

What type of fundraising techniques did you employ?:

Do you have any concerns about the fundraising requirements and expectations for Team Framingham?:

2020 Team Framingham Boston Marathon
Runner Application - Running Experience

***** The following questions are asked solely to assist us in planning the training program. There is no requirement that applicant/runners need to have run a marathon or a road race previously.**

Have you completed the Boston Marathon before: Yes _____ No _____

If yes, which year(s)?

Have you completed another marathon before: Yes _____ No _____

If yes, which one(s) and year(s)?

If you have not run a marathon previously, what are the longest road races you have run and when:



Yvonne M. Spicer, Mayor
Thatcher W. Kezer III, Chief Operating Officer

OFFICE OF THE MAYOR
Memorial Building, Room 121, 150 Concord Street, Framingham, MA 01702
www.framinghamma.gov

Boston Marathon Invitational Entry Process
PARTICIPANT'S AGREEMENT, WAIVER, RELEASE AND ACKNOWLEDGEMENT

In consideration for my selection to participate in the City of Framingham 2020 Boston Marathon Invitational Entry Distribution, I hereby, for myself, my heirs, executors and administrators waive, release, and hold harmless the City of Framingham, its officers, employees, agents, and volunteers (collectively, the "Released Parties"), against any and all claims for liability or damages I may have arising from injuries, illnesses or death suffered by me while training for or participating in the 2020 Boston Marathon (the "Event").

I further agree and warrant that if I am permitted, and choose to run in the Event, in consideration for being allowed to participate in the Event, I hereby acknowledge and agree that it is, and it shall be, my responsibility to understand the risks, and the precautions I should take, and to generally determine whether I am fit to safely participate in the Event.

PRINT NAME

PARTICIPANT'S SIGNATURE

DATE