



FOR IMMEDIATE RELEASE 9/15/2017

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Annual Free Family Flu Clinic

Framingham, MA - The Framingham Health Department is hosting the Annual Free Family Flu Clinic on **Saturday, October 14, 2017** at the McCarthy School, 8 Flagg Drive, from **10:00 a.m. – 2:00 p.m.**

- If you have health insurance, please plan on bringing your health insurance card with you.
- No insurance necessary! No one will be denied a flu shot due to a lack of insurance.
- For all ages 6 months and up.

The Center for Disease Control recommends that everyone 6 months of age and up get a yearly flu vaccine. Flu season typically starts in October and can last through May.

Vaccination of high risk persons is especially important to decrease their risk of severe flu illness.

People at high risk of serious flu complications include young children, pregnant women, people with chronic health conditions like asthma, diabetes or heart and lung disease and people 65 years and older.

Vaccination also is important for health care workers, and other people who live with or care for high risk people to keep from spreading flu to high risk people.

Children younger than 6 months are at high risk of serious flu illness, but are too young to be vaccinated. People who care for them should be vaccinated instead.

For more information contact the Framingham Health Department at (508) 532-5470.

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