



For Immediate Release

Tuesday, December 6, 2016

2017 Team Framingham Runners Selected

Team Framingham 2017 Steering Committee Chair Mike Bower today announced that the 2017 Team Framingham team runners and wait list runners have been selected.

The random selection to choose the team was held on Monday, December 5th.

The lucky runners selected to participate in the Team Framingham 2017 program are:

1. Travis Songer
2. Andrew Chester
3. Daniel Roop
4. Diana Linn
5. Breda O'Connor
6. Vernon Turner
7. Robert Young
8. Mark Goldschmidt
9. Joseph Kynoch
10. Ardra Cucinotta
11. Lane Gordon
12. Jason Miller
13. Christopher Bogardus
14. Alexander Malykhin
15. Adrienne Donohue
16. Jessica Laprel
17. Michael Wilson
18. Donald Cavicchi III
19. Scott Pettingell
20. Drew Halberstadt
21. Matt Trostel
22. Andrew McDonnell

Wait List Runners:

23. Daniel Napierski
24. Steven Clark
25. Amy Russo
26. Michelle Fields
27. Thomas Begin
28. Dalia Rabinovich
29. Caroline DiCicco

30. Laci Gentry
31. Julie Gelardi
32. Lisa Burgess
33. Lindsay Goodwin
34. Jamie Burgoyne
35. Joseph Mazzola

The team has a number of upcoming events that will help them to prepare for the April 17, 2017 Boston Marathon.

- **Tuesday December 13** – The initial team meeting will be held at 7:00 p.m. in Nevin’s Hall at the Framingham Town Hall. The BAA applications will be distributed. Our 6 charity partners will make presentations to the team on their charities. The Greater Framingham Running Club team mentors will be available for a Q&A on training for the Boston Marathon.
- **Saturday December 17** – The first team training run will start at Cushing Park, the Chapel parking lot. Time to be determined. It will most likely be 8:30 a.m. The run will be from 3 to 8 miles depending on each runner’s level of experience and training.
- **Saturday January 7 or Sunday January 8** – The second team training run will start at Wellesley High School at 8:30 a.m. and will be 5 to 12 miles along the Boston Marathon course toward Newton and back. The final decision on which day the run will take place will be Thursday January 5th once the weekend weather forecast is evaluated.
- **Thursday January 12** – the second team meeting will be held in the Blumer Conference Room at the Framingham Town Hall starting at 7:00 p.m. We will have a guest speaker who is a Physical Therapist who will address training and running injury prevention. Fundraising web-page set up and fundraising techniques will be discussed. The Greater Framingham Running Club team mentors will be available for a Q&A on training for the Boston Marathon.

Members of the Greater Framingham Running Club, residents and employees of the Town of Framingham who are running the April 17th Boston Marathon with a number from another source are welcome to attend team meetings and team training runs. These individuals need to send their name and email address to michaeljamesbower@hotmail.com so they can be added to our distribution list for emails with information on team meetings and training runs.

Inquiries or questions can be sent to MarathonBibs@framinghamma.gov.